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 Courses indicated with this logo are assured by £ CITB. Levy payers can receive an automated grant (£ value shown) for these courses	New course	Contact us to discuss your training requirements <i>All courses can be run in-house for members with sufficient delegate numbers.</i> (More cost effective if you can provide a suitable venue)
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CITB Grant	SAFE In-House Courses	
 £30	Abrasive Wheels	CITB ASSURED Half-day course which provides knowledge on the risks and controls of using an abrasive wheel. (additional HAVS & Silica Awareness modules can be included)
 £30	Asbestos Awareness	CITB ASSURED Half-day course for any person who may encounter asbestos. i.e. Electricians, Plumbers, Joiners, Painters, Plasterers, Construction workers, Roofers, Demolition workers, Maintenance workers
	Asbestos Awareness Refresher	30-minute refresher for those who have completed the above course. HSE require that all persons who could potentially be exposed to asbestos have an annual refresher.
	CDM Awareness	Half-day course provides overview of requirements of each duty holder with the CDM Regulations. Outlines the relationships between the duty holders and the role that each will play
 £30	Confined Space Low-Risk - Manhole Entry & Rescue	CITB ASSURED One-day course of confined space theory followed by a practical session on the correct set-up and use of tripod and winch equipment. Essential for those who are required to enter manholes as part of their job.
 £70	Detection of Buried Services - CAT & Genny	CITB ASSURED Half-day course which introduces identifying and locating buried services. Teaches delegates on the correct use of CAT & Genny locating equipment.
	General H&S Awareness	Half-day course aimed as a general overview of hazards and risks on construction work. Ideal for new starts or as a general refresher for all operatives. This course can be tailored to suit different industries or trades.
 £30	Hand Arm Vibration (HAVS) in Construction	CITB ASSURED Half-day course provides the basic awareness for recognising, managing, and mitigating the effects of hand-arm vibration. (additional noise awareness module can be included)
	Manual Handling	Half-day course for those working in a construction environment. Provides a sound knowledge of body mechanics and correct lifting procedures.
	Mental Health Awareness	Half-day course aimed at staff at all levels within an organisation and provides basic information on identifying and dealing with mental health. Good mental health management leads to a happier and healthier workforce.
	Petrol Cut-off Saw	Half-day course provides knowledge on the risks and controls of using petrol cut off saw (Stihl Saw). Covers the correct fitting of a blade and adjustment of guards. HAVS & Silica Awareness modules are included.
	Vehicle Banksman	Half-day course which identifies both the theory and practical elements of undertaking the vehicle banksman role. Delegates are required to demonstrate understanding and application of skills.
	Wood Working Machinery H&S Awareness	Half-day course aimed at those workers who operate workshop woodworking machinery. Covers both health and safety risks in operating and maintaining machinery.

Management / Documentation		
SAFE	Health & Safety for Directors and Senior Management	One-day in-house course which introduces Directors and Senior Management to the health and safety legislation which applies to the company and to them individually.
SAFE	CoSHH Assessor	Half-day course for those who are required to undertake CoSHH Assessments. Covers the 5 steps to risk assessment, MSDS, HSE guidance EH40. Theory of CoSHH and an assessment workshop is included in the course.
SAFE	Permit to Work	Half-day course for those persons responsible for the issue of a Permit to Work. Explores the requirements to be in place before issuing various types of PtW. Theory and workshop elements to the course.
SAFE	Risk Assessment / Method Statement	Provides knowledge and skills to prepare risk assessments and method statements in accordance with current legislation and best practice. Course covers theory and practical workshop.
CITB grant Work at Height Courses		
SAFE	Work at Height Awareness	Half-day course covers the key areas of safety required when working at height and provides basic rules for the use of equipment along with safe working procedures.
 £30	Management of Work at Height	Half-day course provides managers with information about the correct selection and use of equipment in line with legal requirements allowing for appropriate management of work at height.
SAFE	Work at Height for Cladding	Half-day course covers the key areas of safety required when working at height along with specific requirements when carryout cladding work and work on or near fragile surfaces.
SAFE	Work at Height for Slating, Tiling and Flat roofs	Half-day course covers the key areas of safety required when working at height along with specific requirements in roofwork on sloping and flat roofs.
 £30	Harness Use and Inspection	Half-day course covering the correct pre-use inspections, correct wearing, limitations, and storage requirements of harnesses and lanyards. The course covers both theory and practical elements.
SAFE	Ladder and Stepladder	Delegates will be provided with information on the correct selection, use and inspection of ladders and stepladders. There is an optional roof ladder option.
SAFE	Alloy Tower	This in-house course covers the theory and practical requirements involved in the erection, use, alteration, dismantling and inspection of alloy scaffold towers.
SAFE	Hop-up & Handrail	Half-day course shows safe methods which allows workers to move hop-ups and handrails to suit working levels on system scaffolds. Ideal for builders and joiners when constructing houses.
SAFE	System Scaffold Erector	Two-day course - day one of this course provides knowledge of scaffold theory. This is followed on day two by hands on practical exercises.
SAFE	System Scaffold Inspector	Two-day course - day one of this course provides knowledge of scaffold theory. This is followed on day two by practical scaffold inspection and inspection report exercise.
SAFE	System Scaffold Combined	Three day - this course combines the System Scaffold Erection & Dismantling and Inspection courses above to give delegates the ability to erect and inspect scaffolds.

Fire Courses		
SAFE	Fire Extinguisher Use	Half-day realistic, hands-on simulated fire extinguisher training which covers fire extinguisher use and how to extinguish a fire safely. All delegates get practical experience of putting out a virtual fire with a digital fire extinguisher.
SAFE	Fire Warden inc. Laser Extinguisher	Three-quarter day course combined with above which provides workers with the skills and knowledge undertake the important role of fire warden to ensure safe evacuation of the workplace in the event of an emergency.
First Aid Courses – covers Covid restrictions to carrying out first aid		
SAFE	Emergency First Aid at Work	NUCO One-day Emergency First Aid at Work – includes CPR and defibrillator. Meets the HSE criteria on first aid requirements in the workplace.
SAFE	First Aid at Work	NUCO Three-day First Aid at Work – includes CPR and defibrillator Meets the HSE criteria on first aid requirements in the workplace.
SAFE	First Aid at Work Requalification	NUCO Two-day First aid at Work Requalification – includes CPR and defibrillator. Update course for those with a previous certificate dated within the past 3 years. Evidence of the previous certificate required.
SAFE	Annual First Aid Refresher	SAFE in-house course. The HSE recommends that an annual update be carried out for those persons with a current First Aid at Work or Emergency First Aid at Work Certificate.
Stonemason Courses		
SAFE	Stonemason H&S Awareness	Half-day course aimed as a general overview of hazards and risks in Stonemasonry work. Ideal for new starts or as a general refresher for all operatives. Fits well with the below course to make a one-day all round workplace skills.
SAFE	Stonemason Safe Lifting Operations	Half-day course provides the candidate with knowledge and experience to carry out safe lifting operations in relation to typical equipment used by Stonemasons. This course does not cover work with cranes.
CITB Grant	CITB Site Safety Plus Courses	
 £30	CITB HSA e-course	Online - Health and safety awareness course, for people working in construction and civil engineering, covers safe working on-site, how to spot potential on-site hazards and includes practical advice.
 £70	CITB Environmental e-course	Online – The Site management environmental training scheme eCourse is aimed at site managers who are looking to improve their overall knowledge of environmental management and legislation as it applies to UK construction sites.
 £30	CITB HSA	Level 1 Award in Health and Safety in a Construction Environment required for applying for CSCS green card. Provides an understanding of hazards that can be encountered on a construction site.
 £70	CITB SSSTS (2-day)	CITB Two-Day Site Supervisors Safety Training Scheme. This course is intended for those who have, or are about to acquire, supervisory responsibility
 £35	CITB SSSTS-Refresher (1-day)	CITB One-day update course for those with a previous certificate dated within the past 5 years. Evidence of the previous certificate will be required.
 £120	CITB SMSTS (5 day) (day release)	CITB Five-day Site Managers Safety Training Scheme. Aimed at site managers, agents and people who are responsible for planning, organising, controlling, monitoring and administering groups of workers.
 £60	CITB SMSTS-Refresher (2 day)	CITB Two-day update course for those with a previous certificate dated within the past 5 years. Evidence of the previous certificate will be required.